

Melanie Haynes

Cold Springs K-8

Cullman Regional Medical Center

6/23/14 to 6/27/14

Narrative for CAWS

I was lucky enough to have the good fortune of spending my week at Cullman Regional Medical Center. I learned something interesting in every department that I observed. I also have a greater respect for these hard-working individuals who have dedicated their lives to making other people's lives better.

In Case Management they have a staff meeting every morning with every floor which is similar to a faculty meeting. Each person has a certain job, but all working together come to a common course of action for each patient. This is similar to our RTI plan for each student that has been referred. The House Supervisor is aware of everything going on – from check ins and outs, to births and deaths, to dietary needs of each patient. This position is comparable to a principal of a school who must know the goings on of all students and teachers, schedules, and discipline.

Surgery was awesome! I observed a gall bladder removal which was really interesting and a hernia removal. The accuracy and precision, not to mention the sheer concentration was amazing! To me, this resembles taking out the things in education that are not working or are not needed.

Marketing was interesting. These are the people that promote Cullman Regional Medical Center through any media fiscally possible. They are in the process of creating a website that will help make getting healthy easier. The website will have simple, affordable, and quick recipes and ingredient lists for

those families wanting to stay healthy and on a budget. This is like our students, parents, and teachers promoting positive things that happen at our school.

I enjoyed Rehab the most. Each physical therapist has a tablet that has all patient information; from background history to a chart that is filled in as the appointment goes along. This chart is very similar to a teachers' lesson plan; from the date, to the progress of the patient, to the assessment of the patient.

The CEMS Ambulance Center was very interesting. They have to be ready and know exactly what to do at a moments' notice. They have to keep the truck maintained with the supplies needed plus know where to go when a call comes in. I got to ride along to a fire. No one was injured – but the trailer was destroyed. Teachers need to know their subject area and also be able to bring in life situations so that students have a better understanding. Teachers also need to be flexible and realize that there will be good days and there will be bad days.

The Emergency Room was the most exciting part of the week. Never a dull moment! These people are constantly moving and thinking on their feet. They have to be in good shape physically and mentally. The nurse that I shadowed said that if she had any advice for someone going into the medical profession that it would be to buy comfortable shoes. This to me resembled teaching the most. There is never a dull moment, teachers must be flexible, teachers have to constantly be aware of everything going on around them, and you never know what is going to happen.

After spending a week at Cullman Regional Medical Center observing doctors, nurses, technicians, case managers, supervisors, student nurses, volunteers, and patients – I have a new found respect for all people in the medical profession. God Bless each and every one of them!